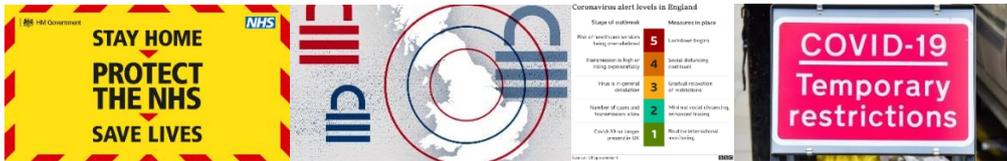


COVID-19 UPDATE: Issue 73

11th March 2021

...Changing Restrictions...



Dear Chairman, Councillors, Clerks & Affiliates

As you will be aware, HM Government has announced the easing of some national lockdown restrictions, and published new guidance on what you can and cannot do during this time. You can find this information [here](#). A summary this information is detailed below.

NATIONAL LOCKDOWN: Stay at home and keep going - only limited restrictions have eased

England is still in a national lockdown. Please therefore stay at home, leaving only where permitted by law and follow the rules. Some of the rules on what you can and cannot do changed on 8th March:

- You can spend time in outdoor public spaces for recreation on your own, with your household or support bubble, or with one other person. This means you can sit down for a drink or a picnic. You must continue to maintain social distance from those individuals outside of your household. This is in addition to outdoor exercise, which is already permitted
- Pupils and students in all schools and Further Education settings should [return to face-to-face education](#)
- Wraparound childcare can reopen and other children's activities can restart only where it is needed to enable parents to work, attend education, seek medical care or attend a support group. Vulnerable children can attend childcare and other children's activities in all circumstances
- Students on practical Higher Education courses at English universities who have not already returned and would be unable to complete their courses if they did not return to take part in practical teaching, access specialist facilities or complete assessments [will be able to return](#)
- There will continue to be restrictions on international travel. International holidays will not be a permitted reason to travel until at least May 2021

- Those seeking to leave the UK must complete an outbound [declaration of travel form](#) ahead of departure
- The rules on visiting care homes have changed to allow regular indoor visits for a single named visitor.

For further information on the rules and restrictions please visit [gov.uk](#). I hope that you and your residents are coping ok and that this information is of use to you. Please remember that the EALC are always ready to help you support your residents and functions of the council wherever possible. So, if you need guidance, information or any other support please do not hesitate to get in touch. Send us an email or give us a call because we're here to help.

Stay safe and look after yourselves.

With kind regards,

Eli Haires

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Working Hours:

Monday – Thursday: 9am – 5pm

Friday: 8:30am – 4pm

