

INTRODUCTION MODULE TO HEALTH & SAFETY

NEW ONLINE TRAINING

This is an e-learning course.
Registration on this course will last 12 months.

£14 + VAT per delegate

Brief Overview:

This course is an introduction module to Health and Safety. Once completed we will encourage you to proceed to our Certificated Level 2 Health & Safety Course.



Learning Objectives:

- Recognise why health and safety is important for individuals, employers and society as a whole.
- Understand the frameworks of health and safety legislation.
- Recognise the responsibilities your employers have for your health and safety.
- Use a range of health and safety techniques and good practice to help keep yourself safe at work.

Topics explored in this course:

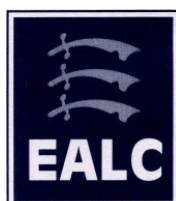
- Health and Safety problems
- Health and safety at Work Act
- Government's responsibilities
- Risk Assessment and Reduction
- Safe systems of work
- Accident Reporting
- Lifting and Carrying
- Personal safety
- Aggressive behaviour
- Working with computers



To Book: Complete the standard EALC booking form and send to **pearl.willcox@ealc.gov.uk** who will then register you with Nimble. Once processed you will receive joining instructions and your Council will then be issued with an invoice.



Essex County Council



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