


01 October 2021

Criminals continue to target the elderly

Essex Police is warning the public to protect their loved ones as criminals cheat older and vulnerable victims out of cash and high value items through courier fraud.



Over £10 million has been
lost to courier fraudsters
since the start of this year.

#CourierFraud

ActionFraud
National Fraud & Cyber Crime Reporting Centre
www.actionfraud.police.uk

Data from Action Fraud, reveals that **£10,325,133** has been lost by victims to courier fraud since the start of this year – **an increase** of almost two thirds (**63 per cent**) compared to the same period last year.

● **Stop:** taking a moment to stop and think before parting with your money or information could keep you safe.

● **Challenge:** could it be fake? It's okay to reject, refuse or ignore any requests. Only criminals will try to rush or panic you

● **Protect:** Your bank or the police will never call you to ask you to verify your personal details or PIN by phone, or offer to pick up your bank card by courier. Hang up immediately if you receive a



If you or someone you know is vulnerable and has been a victim of fraud, please call **Essex Police** on **101**
Report fraud or attempted fraud by contacting **Action Fraud** at **actionfraud.police.uk** or call **0300 123 2040**

Keep up to date with fraud and
do **even more** Online **at** essex.police.uk





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